

**Child and Adult Care Food Program (CACFP)** - Ensures children and adults attending approved non-residential care facilities and at-risk afterschool programs receive nutritious meals.  
[www.nutritionnc.com/snp](http://www.nutritionnc.com/snp)

**Commodity Supplemental Food Program (CSFP)** - Provides a monthly package of food designed to supplement the nutritional needs of low-income senior citizens ages 60+. Food packages are distributed by approved local agencies. [www.ncagr.gov/fooddist/programs.htm](http://www.ncagr.gov/fooddist/programs.htm)

**Expanded Food and Nutrition Education Program (EFNEP)** - Teaches youth and adult participants skills and strategies to feed their families nutritious meals on a limited budget and improve their overall health. [www.ncefnep.org](http://www.ncefnep.org)

**Food Distribution Program on Indian Reservations (FDPIR)** - Provides USDA foods to income-eligible households living on the Eastern Band of Cherokee Indians reservation and to Native American households residing in designated counties (Jackson, Swain, Cherokee and Graham) near the reservation.  
[www.fns.usda.gov/fdpi/applicant-recipient](http://www.fns.usda.gov/fdpi/applicant-recipient)

**School Meals - National School Lunch Program, School Breakfast Program, and After School Snack Program (NSLP, SBP, ASSP)** - Provides children and teenagers breakfast, lunch and snacks that meet federal nutrition standards in public schools.  
<https://childnutrition.ncpublicschools.gov/programs/nslp>

**Senior Farmers' Market Nutrition Program (SFMNP)** - Provides eligible senior participants with benefits to purchase fruits and vegetables at local farmers' markets. *Program is not available statewide.* [www.ncdhhs.gov/documents/north-carolina-seniors-farmers-market-nutrition-program-sfmnp](http://www.ncdhhs.gov/documents/north-carolina-seniors-farmers-market-nutrition-program-sfmnp)

**Senior Nutrition Program - Congregate Meals and Home-delivered Meals** - Provides nutritious meals and socialization to older adults.  
[www.ncdhhs.gov/assistance/adult-services/nutrition-congregate-home-delivered-meals](http://www.ncdhhs.gov/assistance/adult-services/nutrition-congregate-home-delivered-meals)

**Supplemental Nutrition Assistance Program known in NC as Food and Nutrition Services (SNAP - FNS)** - Provides benefits to purchase food.  
[www.ncdhhs.gov/assistance/low-income-services/food-nutrition-services-food-stamps](http://www.ncdhhs.gov/assistance/low-income-services/food-nutrition-services-food-stamps)

**Supplemental Nutrition Assistance Program-Education (SNAP-Ed)** - Provides approaches to improve nutrition through direct education, multi-level interventions, community and public health approaches. Nine agencies in NC provide SNAP-Ed to different ages and locations.  
<https://www.ncdhhs.gov/divisions/social-services/food-and-nutrition-services-food-stamps/north-carolina-nutrition-education>

**Summer Nutrition Program** - Provides free meals to children during summer vacation. [childnutrition.ncpublicschools.gov/programs/sfsp](http://childnutrition.ncpublicschools.gov/programs/sfsp)

**The Emergency Food Assistance Program (TEFAP)** - Supplements the food needs of low-income households. Food packages are distributed by approved local agencies. [www.ncagr.gov/fooddist/programs.htm](http://www.ncagr.gov/fooddist/programs.htm)

**The Special Supplemental Nutrition Program for Women, Infants and Children (WIC)** - Provides nutrition education, breastfeeding promotion and support, access to healthy foods and referrals to healthcare and social services for pregnant, breastfeeding and postpartum women, infants and children under age 5. [www.nutritionnc.com/mywic/index.htm](http://www.nutritionnc.com/mywic/index.htm)

**WIC Farmers' Market Nutrition Program (FMNP)** - Provides eligible WIC participants with benefits to purchase fruits and vegetables at local farmers' markets. *Program is not available statewide.* [www.nutritionnc.com/wic/fmarket.htm](http://www.nutritionnc.com/wic/fmarket.htm)

